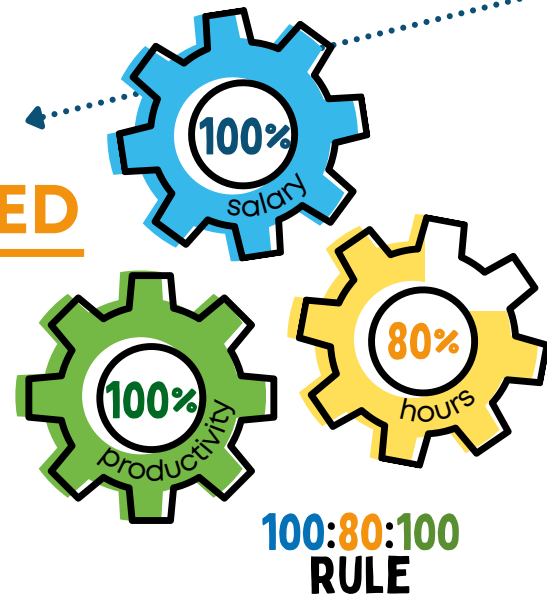


Our **4** day working week

EXPLAINED

Here at MVH we're trialing a 4-day working week. The aim is to bring positive outcomes for everyone, whilst still providing the same services to tenants and remaining fully operational.

Here's a few things to know about how it's working here.



IT'S NOT A "ONE SIZE FITS ALL" APPROACH

Every team in MVH works differently, and therefore each team shapes their own working week.

These are some of the ways people are working:

- 1 set day off per week
- 1 day off but on a rota
- 2 half days over the week
- Work shorter hours over the 5 days.

CUSTOMER SERVICE IS VITAL!

There must always be someone available within the department and service must remain the same.



SMARTER WORKING

Our services cannot be affected, so it's about using our time wisely and effectively.

We focus on working smarter, making sure that jobs we are doing add value. The things that don't impact efficiency, so be ready to keep looking for new ways of working.

PRODUCTIVITY IS A PRIORITY

We have services to deliver.



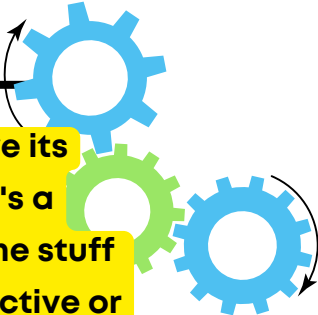
IT'S BUSY, IT'S FAST PACED BUT IT BRINGS LOTS OF BENEFITS.....

COLLEAGUE FEEDBACK

The 4 day work week has benefited me hugely. I now have the time to do things in the week that normally I would rush to do on the weekends, so my weekends are more for myself since other than chores. The mid week break has also been great for me to switch off from work stresses so has helped me mentally and also physically as during the summer I have started going for walks and exercising more. This has given me more motivation knowing that mid week some places may not be as crowded as what the weekends would be like. I've also been able to factor in seeing my relatives more."

"The 4 day week has had an immeasurably positive impact on my overall wellbeing.

It's allowed me to take time to undertake a qualification I've always wanted to do which has helped me in my job. It's allowed me time to focus on my mental health which in turn has made dealing with my anxiety and depression much better. Its allowed me time with friends and family."



"From a work perspective its helped to focus on what's a priority and sift out all the stuff that was either unproductive or unnecessary. It's made me much more productive and if any helped deliver more than was before."

WHAT WILL YOU DO WITH YOUR EXTRA TIME?

It's your time to spend your way.



"It allows me to have a day where I don't need child care and in turn gives me a day where I can spend time with my kids. It gives me more of a work/life balance."

"It benefits me as it saves me money and helps with my wellbeing."

"I have been able to take up a new hobby (pottery) and carry out voluntary translation work (2 hours a week). I have also joined an online book club. I feel I have more balance between work, family stuff, caring for my elderly father and having some time for myself".



THINK BIG!

- The 4 day week is a trial which has currently been agreed up until June 2024
- Should the trial not continue after this date your salary will remain the same

Is MVH the place for you?
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